

Friday, October 25, 2024				
6:00 - 7:00 PM	Vespers @ Saint Elias Cathedral			
7:00 - 8:00 PM	General Session with Father Silviu @ Saint Elias Cathedral			
8:00 - 10:00 PM	Fellowship & Lenten Refreshments @ Saint Elias Basement			
Saturday, October 26, 2024				
8:00 - 10:00 AM	Matins & Divine Liturgy @ Saint Elias Cathedral			
10:15 - 10:45 AM	Snacks & Refreshments @ Saint Elias Basement			
	Teen SOYO	Young Adult Ministry	Antiochian Women	Antiochian Men
11:00 - 12:15 PM	Workshop @ Saint Elias Basement	Young Adult	Session with Fr Silviu Ministry, Antiochian Women, and Antiochian Men @ Saint Elias Cathedral	
12:30 - 1:45 PM	Session with Fr Silviu @ Saint Elias Cathedral	Young Adult	Lunch Ministry, Antiochian Women, and Antiochian Men @ Saint Elias Basement	
1:45 - 3:15 PM	Lunch @ Saint Elias Basement	Workshop @ Dormition of the Virgin Mary Greek Orthodox Church	Inner silence & Prayer <i>Led by Fr. John Vazquez</i> @ Church School Classroom	Presentation on the Icon of the Hospitality of Abraham <i>Led by Kosta Stavryaneas</i> @ Church School Boardroom
3:30 - 4:45 PM	Workshop @ Saint Elias Basement	Workshop @ Dormition of the Virgin Mary Greek Orthodox Church	Matthew 4:4 <i>Led by Fr. Elias Ayoub</i> @ Church School Classroom	Breakout Session @ Church School Boardroom
5:00 - 6:00 PM	Vespers @ Saint Elias Cathedral			
6:00 - On	<i>Info to be shared from respective group</i>			
Sunday, October 27, 2024				
8:45 & 10:00 AM	Matins & Divine Liturgy @ Saint Elias Cathedral			
Addresses				
Saint Elias Antiochian Orthodox Cathedral 750 Ridgewood Ave Ottawa, ON K1V 6N1		Dormition of the Virgin Mary Greek Orthodox Church 1315 Prince of Wales Dr Ottawa, ON K2C 1N2		