

Sunday, March 31st, 2019

Third Sunday of Great Lent (Veneration of the Precious and Life-giving Cross)

Tone 3

Eothinon 11

APOLYTIKION FOR THE HOLY CROSS IN TONE ONE

O Lord, save Thy people and bless Thine inheritance, granting to Thy people victory over all their enemies, and by the power of Thy Cross preserving Thy commonwealth.

The Epistle

O Lord, save Thy people and bless Thine inheritance.

To Thee, O Lord, have I cried, O my God.

The Reading from the Epistle of St. Paul to the Hebrews (4: 14-5: 6)

Brethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee"; as He says also in another place, "Thou art a priest forever, after the order of Melchizedek."

The Holy Gospel

The Reading from the Holy Gospel according to St. Mark. (8:34-9:1)

The Lord said, "If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels." And Jesus said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power."

Glory to Thee, O Lord, Glory to Thee!



الاحد 31 آذار ، 2019

الأحد الثالث من الصوم (السجود للصليب الكريم المحيي)

الإيوثينا الحادية عشر

اللحن الثالث

طروبارية الصليب باللحن الأول

خَلِّصْ يَا رَبُّ شَعْبَكَ، وَبَارِكْ مِيراثَكَ، وَامْنَحْ عبيدَكَ الْمُؤْمِنِينَ الغَلْبَةَ على البربر، وَاحْفَظْ بِقُوَّةِ صَلَيبِكَ جَمِيعَ الْمُخْتَصِّينَ بِكَ.

الرسالة

خَلِّصْ يَا رَبُّ شَعْبَكَ وَبَارِكْ مِيراثَكَ. إِلَيْكَ يَا رَبُّ أَصْرُخُ إِلَهِي

فَصَلِّ مِنْ رِسَالَةِ القديس بولس الرسول إلى العبرانيين (4: 14-5: 6)

يا إِخْوَتِي، إِذْ لَنَا رَبِّيسُ كَهَنَةٍ عَظِيمٍ قَدِ اجْتَازَ السَّمَاوَاتِ، يَسُوعُ ابْنُ اللَّهِ، فَلتَنتمَسَّكْ بِالإِعْتِرَافِ * لِأَنَّ لَنَا رَبِّيسَ كَهَنَةٍ غَيْرَ قَادِرٍ أَنْ يَرْتِي لِأَوْهَانِنَا، بَلْ مُجَرَّبٌ فِي كُلِّ شَيْءٍ مِثْلَنَا مَا خِلا الخَطِيئَةِ * فَلتَقْبَلْ إِذْنٌ بِثِقَةٍ إِلَى عَرِشِ التَّعَمَّةِ، لِتَنَالَ رَحْمَةً وَتَجِدَ ثِقَةً لِلإِغَاثَةِ فِي أَوَانِهَا * فَإِنَّ كُلَّ رَبِّيسِ كَهَنَةٍ مُتَّخِذٍ مِنَ النَّاسِ يَقَامُ لِأَجْلِ النَّاسِ فِيما هُوَ لِلَّهِ، لِيقَرَّبَ تَقَادِمَ وَذَبَائِحَ عَنِ الخَطَايَا، فِي إِمكانِهِ أَنْ يُشْفِقَ عَلى الَّذِينَ يَجْهَلُونَ وَيَضَلُّونَ، لكونِهِ هُوَ أَيْضاً مُتَلَبِّساً بِالضَّعْفِ * وَلهَذَا يَجِبُ عَلَيْهِ أَنْ يَقَرَّبَ عَنِ الخَطَايَا لِأَجْلِ نَفْسِهِ كَمَا يَقَرَّبُ لِأَجْلِ الشَّعْبِ * وَليَسَ أَحَدٌ يَأْخُذُ لِنَفْسِهِ الكِرَامَةَ، بَلْ مَنْ دَعَاهُ اللَّهُ كَمَا دَعَا هَارُونَ * كَذَلِكَ المَسِيحُ لَمْ يُمَجِّدْ نَفْسَهُ لِيقْصِرَ رَبِّيسَ كَهَنَةٍ، بَلِ الَّذِي قَالَ لَهُ "أَنْتَ ابْنِي وَأَنَا اليَوْمَ وَلَدْتُكَ". كَمَا يَقُولُ فِي مَوْضِعٍ آخَرَ "أَنْتَ كَاهِنٌ إِلَى الأَبَدِ عَلى رُتْبَةِ مَلَكِيصَادَق".

الإِنْجِيلُ المَقْدَسُ

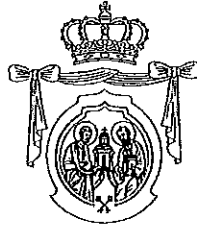
فَصَلِّ شَرِيفٌ مِنْ بَشَارَةِ القديس مرقس البشيرِ والتلميذِ الطاهرِ (8: 34 – 9: 1)

قَالَ الرَّبُّ: مَنْ أَرَادَ أَنْ يَتَّبِعَنِي فَلْيَكْفُرْ بِنَفْسِهِ وَيَحْمِلْ صَلِيبَهُ وَيَتَّبِعَنِي، لِأَنَّ مَنْ أَرَادَ أَنْ يُخَلِّصَ نَفْسَهُ يُهْلِكُهَا، وَمَنْ أَهْلَكَ نَفْسَهُ مِنْ أَجْلِي وَمِنْ أَجْلِ الإِنْجِيلِ يُخَلِّصُهَا * فَإِنَّهُ مَاذَا يَنْتَفِعُ الإِنْسَانُ لَوْ رَجَعَ العَالَمُ كُلُّهُ وَخَسِرَ نَفْسَهُ؟ * أَمْ مَاذَا يُعْطِي الإِنْسَانُ فِدَاءً عَنِ نَفْسِهِ؟ * لِأَنَّ مَنْ يَسْتَحِي بِي وَيَكلامِي فِي هَذَا الجِيلِ الفاسِقِ الخاطِئِ * يَسْتَحِي بِهِ ابْنُ البَشَرِ مَتَى آتَى فِي مَجْدِ أَبِيهِ مَعَ المَلائِكَةِ القَدِيسِينَ * وَقَالَ لَهُمْ: الحَقُّ أَقولُ لَكُمْ، إِنَّ قَوْمًا مِنَ القائِمِينَ هَهُنَا لا يَذوقُونَ المَوْتَ حَتَّى يَرَوْا مَلَكُوتَ اللَّهِ قَدْ آتَى بِقُوَّةٍ.

المجد لك يا رب المجد لك!

The Most Reverend
Metropolitan JOSEPH

Archbishop of New York and
Metropolitan of All
North America



Archpriest Thomas Zain
Vicar-General

Antiochian Orthodox Christian Archdiocese
OF NORTH AMERICA

December 19, 2018

Mr. Gilbert Elias Daoura
2920 Fairlea Crescent Apt. 104
Ottawa, ON K1V 8T9
CANADA

Dear Gilbert:

Greetings in the name of our Lord, God and Savior Jesus Christ. I pray you are in good health. His Eminence Metropolitan JOSEPH has completed his review of your petition for ordination, and after receiving all of the necessary documents and recommendations, he has given his blessing for your ordination to the diaconate. Please be in touch with His Grace Bishop ALEXANDER to arrange a date for your ordination.

As you prepare for this sacred day, please prepare yourself by learning how to serve properly as a deacon in our archdiocese.

Wishing you all of God's blessings, I remain,

In Christ,

A handwritten signature in cursive script, appearing to read "Fr. Thomas Zain".

Archpriest Thomas Zain
Vicar General

cc: His Grace Bishop ALEXANDER
Archpriest Ghattas Hajal

AXIOS Deacon Yakoub (Gilbert) Daoura!

With the Blessing of His Eminence Metropolitan JOSEPH, and by the laying on of hands of His Grace Bishop ALEXANDER, Our parishioner Gilbert Daoura will be ordained to the Holy Diaconate today.

The deacon will be serving at St. Elias. We wish him a blessed ministry.

We will have a light reception following the Divine Liturgy in the hall downstairs where parishioners can congratulate him and wish him a blessed ministry.

We will also celebrate this blessed occasion on Sunday, April 14th, at the Antiochian Women Lenten Luncheon (See Announcement below).

This will be the first ordination that happens at our Cathedral. We hope that you will all be there to witness this holy day and declare your "Amen" by saying "He is Worthy! Axios! Moustahek!".

The word Deacon (Diakonos in Greek) means "servant". The ministry of Diaconate was first established, as we see in the book of Acts, to have ministers that can serve the tables and assist in charitable work. With time, the ministry of deacons evolved and took the dynamic shape it takes today: A very important clergy rank, the first of the 3 major ranks, which has a significant liturgical role and a pastoral one in the life of the Church.

Our New Deacon was born in Tripoli, Lebanon. He graduated with a degree in Business Computer studies from the Lebanese University, and currently works at the University of Ottawa. Alongside his wife Caty and daughter Lea, they moved to Ottawa in 2011 – after spending a few years working in the Arab gulf – and have been active in the parish life of St. Elias Cathedral. Our new deacon is completing his St. Stephen's Program in theology this spring.

We look forward to him assisting in pastoral ministry and liturgical services in our Cathedral. AXIOS!

Third Akathist Supper

The Choir, chanters and fellowship of St. Raphael for New-comers will be offering the Fourth Akathist (Madeeh) Supper this Friday at 6 pm. All donations will go to our Archdiocesan program "Food for Hungry People". Other Donations throughout lent can be made towards this program, please mark the envelopes or cheques "Food for Hungry People"

Antiochian Women Lenten Luncheon

St. Elias Antiochian Women's Lenten Lunch will be held On Sunday April 14th following the Divine Liturgy at the newly renovated St. Elias Centre. Ticket will be available following the Divine Liturgy during coffee hour! During this lunch, we will consecrate the newly renovated centre.

Antiochian Women Meeting

Next Meeting: Tuesday, April 9th at 7:00pm in the Fellowship Hall downstairs. We will be continuing our studies on The Virgin Mary which will take us up to the crucifixion of our Lord & Saviour Jesus Christ. This will probably be one of our most interesting meetings as we experience the lead up to Pascha from The Virgin Mary's perspective.

Weekly Schedule - برنامج الرعية الأسبوعي

Day	Time	Event
Sunday March 31 st	6.00 pm	Pan-Orthodox Vespers (St. Stefan Serbian Orthodox Church, 1989 Prince of Wales Dr.)
Monday April 1 st	7.00 pm	Great Compline - صلاة النوم الكبرى
Wednesday April 3 rd	6.00 pm	Presanctified Liturgy – القداس السابق تقديسه
Friday April 5 th	6.00 pm	Lenten Supper – عشاء صيامي
Friday April 5 th	7.00 pm	4 th Akathist – المديح الرابع
Saturday April 6 th	5.00 pm	Great Vespers – صلاة الغروب
Saturday April 6 th	6.00 pm	Young Adult Ministry
Fourth Sunday of Great Lent		
Sunday April 7 th	8.45 am 10.00 am	Great Matins – صلاة السحر Divine Liturgy – القداس الإلهي
Sunday April 7 th	6.00 pm	Ukrainian Orthodox Church of the Assumption of the Virgin (1000 Byron Ave.)

Memorials Next Sunday, April 7th, 2019

† 40 day memorial service for Hanna Darouze offered by his wife Therese, his children George (Sue), Marianne, Toni (Razan) and Elie (Berna), his grandchildren John, Tony, Elie, Joe, Myriam, Danielle, Alissia, Savanah and Naya; his sister Jamila, brothers and sisters in-law Efdokia Semaan, Violette, George and Jean Joukayem; and his nieces and nephews Maggy, Elie and Joe Semaan.

† 40 Day memorial Service for Habib El-Salibi offered by his wife Sonia, his children Nemr (Norma), Elie (Celina), Nabil (Assine) and Nada (Elie); his grandchildren Jessica, Jennifer, Joelle, Cynthia, Maria, Elia, Anthony, Elie-Habib and Nicole; his sister Georgette; his in-laws Yolla (John Nehme), Gisele (Fayez Salibi), Majida, Nemr Salibi (Laure), Leile Akl and George Salibi.

† 25 year memorial service for Samira Malouf and a 21 year memorial service for Elias Malouf offered by their children Michael (Christine), Peter (Rose-Mary), Pauline (Tony Salamani), Jacqueline (Christian Renaud) and their families.

May Their memory be eternal!

Antiochian Women Month

March is the Antiochian Women Month. They will be assisting in reading the Epistles and collecting the Trays. The women are the heart of the Church, and our Antiochian Women have been the heart of our parish. Their contribution is indescribable. May God Bless them and grant them many years of holiness.

SOS Children's Villages Fundraiser

Under the Patronage of the Embassy of Lebanon in Canada

SOS Children's Villages has the pleasure to invite you to the

SOS Children's Villages Charity Gala

The #GLOBALCITIZENS Project

Supporting Vulnerable children of Lebanon

Saturday April 13th, 2019 at St. Elias Banquet Center

Cocktail at 6.30 pm – Dinner at 7.30 pm

Tickets: soschildrensvillagescharitygala.eventbrite.com

Ouzkourni Fi Malakoutika (Remember me in Thy Kingdom)

“Ouzkourni Fi Malakoutika” is a Christian association based in Lebanon that encourages prayer for the souls of the departed. In cooperation with them, we will have a Trisagion (memorial) prayer following Vespers on Every First Saturday of the month.

First one will be held on Saturday April 6th; Please bring names of departed people you would like us to pray for in that service.

For more information visit: <http://www.ouzkournifimalakoutika.com/en>

Pan-Orthodox Vespers

Date	Time	Church	Address
Sunday March 31 th	6 pm	St. Stefan Serbian Orthodox Church	1989 Prince of Wales Dr.
Sunday April 7 th	6 pm	Ukrainian Orthodox Church of the Assumption of the Virgin	1000 Byron Ave.
Sunday April 14 th	6 pm	Sts. George and Anthony Coptic Orthodox Church	1081 Cadboro Rd.

ANTIOCHIAN ORTHODOX CHRISTIAN ARCHDIOCESE OF NORTH AMERICA

ST. ELIAS ANTIOCHIAN ORTHODOX CATHEDRAL

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Cathedral Office: 700 Ridgewood Ave.

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Email: info@steliascathedral.com Website: www.steliascathedral.com

THE MOST REV. METROPOLITAN JOSEPH

PRIMATE OF THE ANTIOCHIAN ARCHDIOCESE OF NORTH AMERICA

THE RIGHT REV. BISHOP ALEXANDER

AUXILIARY BISHOP OF OTTAWA, EASTERN CANADA & UPSTATE NEW YORK

The Very Rev. Father Ghattas Hajal

ARCHPRIEST & DEAN OF THE CATHEDRAL

The Rev. Father Nektarios Najjar

ASSISTANT PASTOR